

Our Reference North East and North Cumbria ICB\
FOI ICB 25-009

North East and North Cumbria ICB
Pemberton House
Colima Avenue
Sunderland Enterprise Park
Sunderland
SR5 3XB

Tel: 0191 512 8484
E-mail: nencicb.foi@nhs.net

By Email

22 April 2025

Dear Applicant

Freedom of Information Act 2000 – Request for Information – NHS North East and North Cumbria Integrated Care Board (NENC ICB)

Thank you for your request received on 4 April 2024 for information held by NHS North East and North Cumbria Integrated Care Board (the ICB) under the provisions of the Freedom of Information Act 2000. The ICB covers the areas of County Durham, Newcastle Gateshead, North Cumbria, North Tyneside, Northumberland, South Tyneside, Sunderland, and Tees Valley.

Please find the information you requested on behalf of the ICB as follows.

Your Request

We are keen to understand the enhanced services you commission through primary care to deliver Long Term Condition care (Diabetes, CVD, CKD, Respiratory etc).

1. Please can you provide a list of the services you commission through primary care (LTC's only)?
 - a. Are they services delivered at a practice, PCN or other level?
 - b. Are they commissioned in bulk or individually?
 - c. When are they due for review?
2. How are the primary care provider contracted to deliver? i.e % up front the rest on delivery? Is the primary care provider measured on activity outputs or outcomes?
3. Would you be interested in any support in designing, delivering or evaluating the impact of these enhanced services for your population?

Our Response

We can confirm, as per Section 1(1) of the Freedom of Information Act 2000, the ICB holds some of the information you have requested.

County Durham place

1. In County Durham place, the ICB has a lot of enhanced service but only one relating to LTCs which is Integrated Diabetes. Not sure the rest are relevant for the purpose of this FOI ie community gynaecology, IC+ beds etc.
 - a. Services are Federation delivered at locality level, with secondary delivery also.
 - b. Services are commissioned individually with federations (6 of them)
 - c. Improvement work is currently taking place.
2. Primary care provider is contracted to deliver on a block payment up front. Delivery is measured on an outcome basis.

Newcastle Gateshead place

1. All Local Enhanced Services commissioned by Newcastle Gateshead are delivered at practice level and are commissioned individually as separate services. Recently, there has been a review on service specifications for 2025/26 (to be confirmed). A further review will take place in March 2026. The table below is of Local Enhanced Services which are in place as of 24/25 in Newcastle and Gateshead addressing LTCs.
2. The practices are measured on activity outputs in these areas.

Gateshead Enhanced Service	Contracted to deliver
Anti-coagulation (decommissioned for 25/26)	Practices submit the number of patients included on the anti-coagulation monitoring service register on the last day of the quarter
Diabetes	There modules (activity): <ol style="list-style-type: none"> a. Initiation of injectable therapies <ul style="list-style-type: none"> • Receive payment for attendance at annual training on injectable therapies • Receive payment for each T2 patient for whom the practice initiates injectable therapies b. Primary Care Management <ul style="list-style-type: none"> • Practice will receive an annual fee per patient and need to hit a minimum achievement of 70%: <ul style="list-style-type: none"> ○ Tier 1 – 70% of patients with Type 2 Diabetes managed in primary care ○ Tier 2 – 80% of patients with T2 Diabetes managed in primary care ○ Tier 3 – 90% of patients with T2 Diabetes managed in primary care c. NDH Register <ul style="list-style-type: none"> • Paid for each patient added to the practice NDH register who receive an annual review – need to also have had a CV risk assessment and been given information on reducing the risk of
Osteoporosis	(Activity) Receive payment for each patient who has received an osteoporosis risk assessment per annum
Near Patient Testing for the monitoring of Disease	(Activity)

Modifying Antirheumatic Drugs (DMARDs) in Rheumatology	Practices submit the number of patients included on their DMARDs monitoring service register each quarter to receive payment
--	--

North Cumbria place

Please refer to the table below:

Agreement (1)	Level (1a)	Commissioned in bulk or individually (1b)	Review date (1c)	Paid as (2)	Delivered (2a)
Hormonal injections (breast and prostate cancer)	Practice	Individually	Annually (Dec)	Per patient per annum	Based on activity coding extracted quarterly
Warfarin monitoring (AF)	Practice	Individually	Annually (Dec)	Per patient per annum	Based on activity coding extracted quarterly
Near patient testing (high risk) drug monitoring service (Rheumatology)	Practice	Individually	Annually (Dec)	Per patient per annum	Based on activity coding extracted quarterly

Northumberland and North Tyneside place

1. The services commissioned through primary care are Diabetes, Deep Vein Thrombosis and Prostate Specific Antigen Monitoring.
 - a. Services are delivered at a practice and PCN level.
 - b. They are commissioned individually.
 - c. They are due for review in January 2026.
2. Delivery is measured on activity outputs.

Sunderland and South Tyneside place

1. For 2025/26, there is one local enhanced service which includes Long Terms Conditions Management of the following clinical areas:
 - Diabetes – GLP1 initiation and management (South Tyneside and Sunderland and insulin management in Sunderland)
 - Respiratory – Spirometry and FeNO as diagnostic tools to support diagnosis of asthma and COPD, and Targeted Lung Health Checks and Asthma in Children (Sunderland)
 - Cancer – Prostate Cancer and Benign Prostate monitoring and Monoclonal Gammopathy of Undetermined Significance (MGUS) monitoring and Serious Non-Specific Symptoms Pathway (Sunderland)
 - a. These are commissioned at practice level
 - b. These are commissioned as part of one scheme (in bulk)
 - c. They are due for review in January 2026
2. They are contracted to deliver upfront so there is an expectation all practices deliver the services. They are measured on activity and outcomes.

Tees Valley place

1. Tees Valley Place has the following services commissioned which specifically relate to the management of Long-Term Conditions. The service is Respiratory Diagnostics – Spirometry/ FENO (via NHS Standard Contract). The ICB commissions a combination of individual practices, Primary Care Networks and GP Federations across the Tees Valley to provide a diagnostic service for COPD and asthma. This is reviewed annually.
2. Providers are paid quarterly. Activity is monitored but does not impact payment.

Question 3 is not a request for information held by the ICB is therefore outside the scope of Freedom of Information. We would recommend that you send such requests to the ICB's generic mailbox Nencicb-sun.reception@nhs.net Alternatively, please telephone the ICB's Switchboard on 0191-512-8484.

In accordance with the Information Commissioner's directive on the disclosure of information under the Freedom of Information Act 2000 your request will form part of our disclosure log. Therefore, a version of our response which will protect your anonymity will be posted on the NHS ICB website <https://northeastnorthcumbria.nhs.uk/>.

If you have any queries or wish to discuss the information supplied, please do not hesitate to contact me on the above telephone number or at the above address.

If you are unhappy with the service you have received in relation to your request and wish to request a review of our decision, you should write to the Senior Governance Manager using the contact details at the top of this letter quoting the appropriate reference number.

If you are not content with the outcome your review, you do have the right of complaint to the Information Commissioner as established by section 50 of the Freedom of Information Act 2000. Generally, the Information Commissioner cannot make a decision unless you have exhausted the ICB's complaints procedure.

The Information Commissioner can be contacted at Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF or www.ico.org.uk.

Any information we provide following your request under the Freedom of Information Act will not confer an automatic right for you to re-use that information, for example to publish it. If you wish to re-use the information that we provide and you do not specify this in your initial application for information then you must make a further request for its re-use as per the Re-Use of Public Sector Information Regulations 2015 www.legislation.gov.uk . This will not affect your initial information request.

Yours faithfully

Information Governance Support Officer

**Information Governance Support Officer
North East and North Cumbria Integrated Care Board**