

Our Reference      North East and North Cumbria ICB\  
FOI ICB 25–220

North East and North Cumbria ICB  
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By Email

26 September 2025

Dear Applicant

**Freedom of Information Act 2000 – Request for Information – NHS North East and North Cumbria Integrated Care Board (NENC ICB)**

Thank you for your request received on 8 September 2025 for information held by NHS North East and North Cumbria Integrated Care Board (the ICB) under the provisions of the Freedom of Information Act 2000. The ICB covers the areas of County Durham, Newcastle Gateshead, North Cumbria, North Tyneside, Northumberland, South Tyneside, Sunderland, and Tees Valley.

Please find the information you requested on behalf of the ICB as follows.

**Your Request**

I am submitting this request, on behalf of myself, under the Freedom of Information Act and the Code of Practice on Openness in the NHS.

Please confirm the ICB holds the following data and where it is held; please provide the data as requested. I would like to receive this information by email.

1. Please provide a list of all providers the ICB holds contracts with for adult diabetes mellitus services (covering any form of diabetes mellitus)
  - a. Please include both statutory NHS and Independent Sector providers
  - b. Please include any broader services that include a Diabetes element (for example a broader endocrinology service, or a community service that covers diabetes care.
2. For each contracted provider listed in the answer to question 1, please provide the following schedules as included in the contract the ICB holds:
  - a. Schedule 2A or equivalent: Service Specification that describes the service (whether standalone or integrated in a broader Service Specification)
  - b. Schedule 3A, 3B or 3C or equivalents: Describing national currencies and any local prices that apply to the services

Please provide any embedded files in a format that can be opened.

## **Our Response**

We can confirm, as per Section 1(1) of the Freedom of Information Act 2000, the ICB holds some of the information you have requested.

### County Durham place

1. Durham GPs provide diabetes services
2. The schedule 2, generic service specification is attached.

### Newcastle Gateshead place

1. The providers are the Newcastle-upon Tyne NHS Foundation Trust (NuTH), Gateshead Health NHS Foundation Trust (GHFT), GP practices and Spirit.
2. Schedule 2 service specification documents are attached. In terms of costing:
  - The GP Enhanced Service is activity based.
  - Both of the NuTH services are part of a block contract.
  - The GHFT service is included in the Community Contract. There is only one specification that covers all community services.
  - Spirit provides diabetes training in Gateshead. The value of this contract is £43,417. Please note, Spirit also provides diabetes training in North Tyneside contract value £33,198 and Northumberland contract value £62,804.50.

### North Cumbria place

1. The provider is North Cumbria Integrated Care NHS Foundation Trust.
2. The schedule 2 service specification is attached. Funding is as part of the Foundation Trust contract.

### North Tyneside and Northumberland place

1. The providers are North Tyneside GP practices and Northumbria Healthcare NHS Foundation Trust (NHFT).
2. The schedule 2 North Tyneside specifications are attached; there is no specification for NHFT.

### South Tyneside and Sunderland place

1. South Tyneside and Sunderland access services from South Tyneside and Sunderland NHS Foundation Trust.

In addition, Sunderland practices deliver Diabetes – insulin titration GLP. South Tyneside practices were being trained to deliver Diabetes – GLP1 – exc insulin titration.

The diabetes service is delivered as part of a wider Local Enhanced service which is offered to GP Practices in Sunderland and South Tyneside. Please see attached list of GP Practices for in Sunderland and South Tyneside.

2. The diabetes service is delivered as part of a wider list of services included in a Local Enhanced service which is offered to GP Practices. Service specifications are attached.

General practice undertakes the following duties for Diabetes under QOF:

- Have a diabetes lead in the practice.
- Prescribe oral medications for diabetic patients (diagnosed within practice or those stable diabetics discharged from secondary care) and monitor their glycaemic requirements and titrate oral medications (sulphonylureas, metformin, gliptins, SGLT2)
- Record BP and BMI as per Diabetes guidelines
- Titrate oral lipid treatment based on non-HDL targets.
- Have an established process of annual diabetes review in place.
- Prescribe insulin as advised by the hospital team.

As part of this scheme, the additional duties the practice will be required to carry out are:

- Complete training in GLP1 initiation and prescribe/monitor patients who have been initiated on GLP1.

There is no separate funding mechanism for the diabetes service in Sunderland and South Tyneside as the service is part of a much wider list of services, that practices in Sunderland and South Tyneside are expected to deliver for one overall price.

#### Tees Valley place

1. In Tees Valley, the provider is Primary Healthcare, Darlington. The service is an Integrated Diabetes Service.
2. The service specification is attached and the contract value for 2025/26 is £218,511.

In accordance with the Information Commissioner's directive on the disclosure of information under the Freedom of Information Act 2000 your request will form part of our disclosure log. Therefore, a version of our response which will protect your anonymity will be posted on the NHS ICB website <https://northeastnorthcumbria.nhs.uk/>.

If you have any queries or wish to discuss the information supplied, please do not hesitate to contact me on the above telephone number or at the above address.

If you are unhappy with the service you have received in relation to your request and wish to request a review of our decision, you should write to the Information Governance Manager using the contact details at the top of this letter quoting the appropriate reference number.

If you are not content with the outcome your review, you do have the right of complaint to the Information Commissioner as established by section 50 of the Freedom of Information Act 2000. Generally, the Information Commissioner cannot make a decision unless you have exhausted the ICB's complaints procedure.

The Information Commissioner can be contacted at Information Commissioner's Office, Wycliff House, Water Lane, Wilmslow, Cheshire, SK9 5AF or [www.ico.org.uk](http://www.ico.org.uk).

Any information we provide following your request under the Freedom of Information Act will not confer an automatic right for you to re-use that information, for example to publish it. If you wish to re-use the information that we provide and you do not specify this in your initial application for information then you must make a further request for its re-use as per the Re-Use of Public Sector Information Regulations 2015 [www.legislation.gov.uk](http://www.legislation.gov.uk). This will not affect your initial information request.

Yours faithfully

*Information Governance Support Officer*

**Information Governance Support Officer  
North East and North Cumbria Integrated Care Board**