

Our Reference North East and North Cumbria ICB\
FOI ICB 25–157

North East and North Cumbria ICB
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By Email

6 August 2025

Dear Applicant

Freedom of Information Act 2000 – Request for Information – NHS North East and North Cumbria Integrated Care Board (NENC ICB)

Thank you for your request received on 22 July 2025 for information held by NHS North East and North Cumbria Integrated Care Board (the ICB) under the provisions of the Freedom of Information Act 2000. The ICB covers the areas of County Durham, Newcastle Gateshead, North Cumbria, North Tyneside, Northumberland, South Tyneside, Sunderland, and Tees Valley.

Please find the information you requested on behalf of the ICB as follows.

Your Request

This is a Freedom of Information request under the Freedom of Information Act 2000 (the “Act”). Please provide the following information you have pertaining to ADHD and Autism assessments and post-diagnostic services within your ICB.

I have included tables below so you can see how the data should be broken down. Please use these tables to fill out the data, if possible.

1. Please provide your total annual spend and total number of patients (for each of the last three financial years) on ADHD and Autism assessments, broken down by age categories as listed below. Please include volumes from any NHS Trusts within your ICB that may deliver these services and also third party private providers* (or indicate if this is not possible).

**For definition of “third party private providers” please see below. An example list of providers (for ADHD) can be found [here](#)*

Total		Apr-22-Mar-23	Apr-23-Mar-24	Apr-24-Mar-25
ADHD assessments – patients 18 years old and over	Total number of patients			
	Total annual spend			
ADHD assessments – patients <18 years old	Total number of patients			
	Total annual spend			
Autism assessments – patients 18 years old and over	Total number of patients			
	Total annual spend			
Autism assessments – patients <18 years old	Total number of patients			
	Total annual spend			

2. For Apr-24-Mar-25, please split out the total number of patients / annual spend from question 1 by provider. Please include the pathway / contract type for each provider (e.g. block contract, right to choose).

In TABLE 2a, please include total number of patients and total annual spend with third party private providers* that are directly commissioned by your ICB, or access care through the Right to Choose programme.

In TABLE 2b, please include total number of patients and total annual spend from NHS trusts within your ICB area. If possible, please split out patient numbers and spend that is outsourced by the trust to third party private providers*.

TABLE 2a: April 2024 – March 2025

Provider	Pathway	ADHD – 18 years old and over patient numbers	ADHD – <18 years old patient numbers	Autism – 18 years old and over patient numbers	Autism – <18 years old patient numbers	Total annual spend
<i>Example: Provider A</i>	<i>Right to Choose</i>	X	X	X	X	£Xk
<i>Example: Provider B</i>	<i>Block contract</i>	X	X	X	X	£Xk

TABLE 2b: April 2024 – March 2025

Provider	Pathway	ADHD – 18 years old and over patient numbers	ADHD – <18 years old patient numbers	Autism – 18 years old and over patient numbers	Autism – <18 years old patient numbers	Total annual spend
<i>Example: In-house delivery (NHS Trust)</i>	<i>n/a</i>	X	X	X	X	<i>n/a</i>
<i>Example: Outsourced delivery (Provider A)</i>	<i>Block contract</i>	X	X	X	X	£Xk

3. For Apr-24-Mar-25, please provide your total annual spend on the following post-diagnostic services. Please find definitions for post-diagnostic services at the end of the request. Please include volumes from any NHS Trusts within your ICB that may deliver these services (or indicate if this is not possible) and also with third party private providers.

Annual spend	Prescriptions	Medication	Therapies	Psychoeducation	Other support services
ADHD – patients 18 years old and over					
ADHD – patients <18 years old					
Autism – patients 18 years old and over					
Autism – patients <18 years old					

Note: if any of the above question result in a greater administrative burden or cost of research, then we are happy for you to respond to those questions at a later date and initially reply with responses for the rest of the questions.

If it is not possible to provide the information requested due to the information exceeding the cost of compliance limits identified in Section 12 of the Act, please as soon as possible provide advice and assistance, under the Section 16 obligations of the Act, as to how I can refine my request.

Our Response

We can confirm, as per Section 1(1) of the Freedom of Information Act 2000, the ICB holds some of the information you have requested.

1. Total annual spend and total number of patients on ADHD and Autism assessments:

Total		Apr 24 – Mar 25
ADHD assessments – patients 18 years old and over	Total number of patients	6111
	Total annual spend	
ADHD assessments – patients <18 years old	Total number of patients	1239
	Total annual spend	
Autism assessments – patients 18 years old and over	Total number of patients	2936
	Total annual spend	
Autism assessments – patients <18 years old	Total number of patients	6111
	Total annual spend	

Detailed activity records are not held prior to 2024/25. Annual spend across assessment and treatment for the above services is as follows:

2022/23 £2.5m

2023/24 £4.9m

2024/25 £12.3m

2. Total number of patients / annual spend from question 1 by provider:

Provider	Pathway	ADHD – 18 years old and over patient numbers	ADHD – <18 years old patient numbers	Autism – 18 years old and over patient numbers	Autism – <18 years old patient numbers	Total annual spend
Psychiatry UK	Right to Choose	4321	0	1398	0	£7,908k
Clinical Partners	Right to Choose	818	877	0	0	£1,578k
ADHD 360	Right to Choose	520	38	6	1	£1,074k
Evolve Psychology Services	Right to Choose	59	0	1093	0	£588k
Teledoctor Ltd	Right to Choose	0	231	0	125	£368k
Jajawi & Asker Ltd	Right to Choose	295	0	162	0	£381k
Psicon Ltd	Right to Choose	0	93	0	63	£155k
Others	Right to Choose	98	0	77	18	£293k

NENC ICB does not hold the information to complete table 2b. In respect of NHS Foundation Trust contracts, funding is part of a wider block funding envelope and is not specifically broken down to individual service level. Similarly, activity is not broken down within the block contract.

3. NENC ICB does not hold detailed records broken down to give a breakdown at this level.

Please note, the mental health hospital NHS foundation trusts (FTs) within the North East and North Cumbria region may hold additional information to assist your request.

In accordance with our duty under s.16 of the FOIA to provide reasonable advice and assistance to an individual requesting information, we have provided the FOI email addresses for those FTs for your reference.

NENC Mental Health Hospital FTs	Email
Cumbria, Northumberland, Tyne and Wear NHS FT	foi@cntw.nhs.uk
Tees, Esk and Wear Valley NHS FT	tewv.foi@nhs.net

In accordance with the Information Commissioner's directive on the disclosure of information under the Freedom of Information Act 2000 your request will form part of our disclosure log. Therefore, a version of our response which will protect your anonymity will be posted on the NHS ICB website <https://northeastnorthcumbria.nhs.uk/>.

If you have any queries or wish to discuss the information supplied, please do not hesitate to contact me on the above telephone number or at the above address.

If you are unhappy with the service you have received in relation to your request and wish to request a review of our decision, you should write to the Senior Governance Manager using the contact details at the top of this letter quoting the appropriate reference number.

If you are not content with the outcome your review, you do have the right of complaint to the Information Commissioner as established by section 50 of the Freedom of Information Act 2000. Generally, the Information Commissioner cannot make a decision unless you have exhausted the ICB's complaints procedure.

The Information Commissioner can be contacted at Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF or www.ico.org.uk.

Any information we provide following your request under the Freedom of Information Act will not confer an automatic right for you to re-use that information, for example to publish it. If you wish to re-use the information that we provide and you do not specify this in your initial application for information then you must make a further request for its re-use as per the Re-Use of Public Sector Information Regulations 2015 www.legislation.gov.uk. This will not affect your initial information request.

Yours faithfully

Information Governance Support Officer

**Information Governance Support Officer
North East and North Cumbria Integrated Care Board**