

Our Reference North East and North Cumbria ICB\
FOI ICB 25–154

North East and North Cumbria ICB
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Sunderland
SR5 3XB

Tel: 0191 512 8484
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By Email

13 August 2025

Dear Applicant

Freedom of Information Act 2000 – Request for Information – NHS North East and North Cumbria Integrated Care Board (NENC ICB)

Thank you for your request received on 21 July 2025 for information held by NHS North East and North Cumbria Integrated Care Board (the ICB) under the provisions of the Freedom of Information Act 2000. The ICB covers the areas of County Durham, Newcastle Gateshead, North Cumbria, North Tyneside, Northumberland, South Tyneside, Sunderland, and Tees Valley.

Please find the information you requested on behalf of the ICB as follows.

Your Request

I am writing to request information under the Freedom of Information Act 2000. Please could you provide the following information in relation to your ICB's commissioning of ADHD and Autism services:

Commissioning Contacts

1. The name(s) of the person or people responsible for commissioning ADHD assessment and diagnosis services.
2. The name(s) of the person or people responsible for commissioning Autism assessment and diagnosis services.
3. The telephone number(s) for the above contacts (ADHD and Autism commissioning).
4. The email address(es) for the above contacts (ADHD and Autism commissioning).

If personal details cannot be provided due to GDPR, please supply a team or departmental contact instead.

Waiting Lists

5. The current size of the ADHD assessment waiting list for adults.
6. The current size of the ADHD titration waiting list for CAMHS.

7. The current size of the Autism assessment waiting list (please specify if this is for adults, children, or both).

Referral Volumes

8. The average number of ADHD referrals for adults received per month over the past 12 months.
9. The average number of ADHD referrals for CAMHS received per month over the past 12 months.
10. The average number of Autism referrals received per month over the past 12 months.

Private Sector Support

11. Do you currently utilise any private provider support to manage ADHD referrals? If yes, please provide:
- Name of the provider
 - Contract start and end date
 - Annual contract value (£GBP)
12. Do you currently utilise any private sector support to manage Autism referrals? If yes, please provide:
- Name of the provider
 - Contract start and end date
 - Annual contract value (£GBP)

I would be grateful if you could provide this information in an electronic format, ideally as a spreadsheet or table where applicable. If any part of this request is unclear or likely to exceed cost/time limits, please advise on how it may be refined to stay within FOI guidelines.

Our Response

We can confirm, as per Section 1(1) of the Freedom of Information Act 2000, the ICB holds some of the information you have requested.

Commissioning Contacts

1. North East and North Cumbria Integrated Care Board (NENC ICB) are the commissioners for ADHD assessment and diagnosis services. Cumbria, North Tyne and Wear NHS Foundation Trust (CNTW) and Tees, Esk and Wear Valleys NHS Foundation Trust (TEWV) are the providers commissioned across the region.

Commissioning Leads within the ICB are noted in the table below:

| ICB place | Name | Title |
|-----------------------------------|----------------------|--|
| North Cumbria | Tania Desborough | Strategic Head of Commissioning |
| | Julie Cameron | Head of Mental Health, Learning Disability and Autism |
| Northumberland and North Tyneside | Alan Bell | Strategic Head of Commissioning |
| | Jane Walker | Head of Mental Health, Learning Disability and Autism |
| Newcastle and Gateshead | Angela Kumar | Strategic Head of Commissioning |
| South Tyneside and Sunderland | Sarah Golightly | Head of Mental Health, Learning Disability and Autism |
| County Durham | Catherine Richardson | Senior Portfolio Lead, Mental Health, Learning Disability and Neurodiversity |
| Tees Valley | Kimm Lawson | Strategic Head of Commissioning |
| | Liz Whitehead | Mental Health, Learning Disability and Autism Commissioning Delivery Manager |

2. NENC ICB are the commissioners for Autism assessment and diagnosis services. Within NENC ICB, Julie Cameron is Head of Mental Health, Learning Disability & Autism. CNTW and TEWV are the providers commissioned across the region. Names of leads are noted in the table in the response to question 1.
3. The Head Office postal address and Switchboard telephone numbers for NENC ICB are noted at the top of this response. You can email the ICB Leads at nencicb-sun.reception@nhs.net clearly marking the email for their attention. The links to the CNTW and TEWV websites are:

[Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust](#)
[Tees, Esk and Wear Valleys NHS Foundation Trust](#)

4. Please email NENC ICB at nencicb-sun.reception@nhs.net indicating in the email which department or service your query relates to. Links to the CNTW and TEWV websites are noted in the response to question 3.

Waiting Lists

5. We can confirm, as per Section 1(1) of the Freedom of Information Act 2000, the ICB on this occasion is not able to provide the requested information. In line with your rights under section 1(1)(a) of the Act to be informed whether information is held, we confirm the ICB does not hold any of the information requested. However, we have determined that the information is held by the mental health hospital NHS foundation trusts (FTs) within the North East and North Cumbria region.

In accordance with our duty under s.16 of the FOIA to provide reasonable advice and assistance to an individual requesting information, we have provided the FOI email addresses for those FTs to make your request.

| NENC Mental Health Hospital FTs | Email |
|---|--|
| Cumbria, Northumberland, Tyne and Wear NHS FT | foi@cntw.nhs.uk |
| Tees, Esk and Wear Valley NHS FT | tewv.foi@nhs.net |

6. Please refer to the response to question 5.
7. Please refer to the response to question 5.
8. Please refer to the response to question 5.

Referral Volumes

8. Please refer to the response to question 5.
9. Please refer to the response to question 5.
10. Please refer to the response to question 5.

Private Sector Support

11. NENC ICB does not currently commission any contracts with private providers for these services. Patients can be referred under the NHS Choice Framework, in line with the NHS right to choose, based on set criteria (please visit [NHS Choice Framework – what choices are available to you in your NHS care – GOV.UK](#) for more information).
12. Please refer to the response to question 11.

In accordance with the Information Commissioner's directive on the disclosure of information under the Freedom of Information Act 2000 your request will form part of our disclosure log.

Therefore, a version of our response which will protect your anonymity will be posted on the NHS ICB website <https://northeastnorthcumbria.nhs.uk/>.

If you have any queries or wish to discuss the information supplied, please do not hesitate to contact me on the above telephone number or at the above address.

If you are unhappy with the service you have received in relation to your request and wish to request a review of our decision, you should write to the Senior Governance Manager using the contact details at the top of this letter quoting the appropriate reference number.

If you are not content with the outcome your review, you do have the right of complaint to the Information Commissioner as established by section 50 of the Freedom of Information Act 2000. Generally, the Information Commissioner cannot make a decision unless you have exhausted the ICB's complaints procedure.

The Information Commissioner can be contacted at Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF or www.ico.org.uk.

Any information we provide following your request under the Freedom of Information Act will not confer an automatic right for you to re-use that information, for example to publish it. If you wish to re-use the information that we provide and you do not specify this in your initial application for information then you must make a further request for its re-use as per the Re-Use of Public Sector Information Regulations 2015 www.legislation.gov.uk. This will not affect your initial information request.

Yours faithfully

Information Governance Support Officer

**Information Governance Support Officer
North East and North Cumbria Integrated Care Board**