

Our Reference North East and North Cumbria ICB\
FOI ICB 25–308

North East and North Cumbria ICB
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By Email

13 November 2025

Dear Applicant

Freedom of Information Act 2000 – Request for Information – NHS North East and North Cumbria Integrated Care Board (NENC ICB)

Thank you for your request received on 5 November 2025 for information held by NHS North East and North Cumbria Integrated Care Board (the ICB) under the provisions of the Freedom of Information Act 2000. The ICB covers the areas of County Durham, Newcastle Gateshead, North Cumbria, North Tyneside, Northumberland, South Tyneside, Sunderland, and Tees Valley.

Please find the information you requested on behalf of the ICB as follows.

Your Request

Under the Freedom of Information Act 2000, I would like to request the following information regarding the prescribing of weight loss medicines within your ICB area:

1. The total number of prescriptions for the following medicines where the drug was prescribed for weight loss or weight management:
 - Saxenda (liraglutide)
 - Wegovy (semaglutide)
 - Mounjaro (tirzepatide)
 - a. Please provide totals for each individual medicine, as well as an overall total for all medicines combined.
 - b. Please provide this information for each year available, up to and including the most recent 12-month period.
 - c. Please break down the data by setting, indicating whether prescriptions were issued by hospital-based specialist weight management services, GPs or community pharmacies.
2. In addition, please provide the total number of prescriptions for Ozempic (semaglutide) in your ICB area, where weight loss was the intended use, broken down by year and setting (as outlined above).

If the information is not held, or only partly held, please specify this.

Our Response

We can confirm, as per Section 1(1) of the Freedom of Information Act 2000, the ICB holds some of the information you have requested.

1. In terms of total numbers of prescriptions:

- a. As per the NICE Technology Appraisal (TA) for Liraglutide (Saxenda), the medicine can only be prescribed in secondary care by a specialist multidisciplinary tier 3 weight management service. Only one service was commissioned to prescribe in the NENC ICB region – North Cumbria Integrated Care NHS Foundation Trust (FT).

For Semaglutide (Wegovy) and Tirzepatide (Mounjaro), commissioning arrangements for prescribing within Tier 3 specialist weight managements services commenced July 2025 onwards in North Cumbria Integrated Care NHS FT, South Tees Hospitals NHS FT, the Newcastle upon Tyne NHS FT and Northumbria Healthcare NHS FT.

We can confirm, as per Section 1(1) of the Freedom of Information Act 2000, the ICB on this occasion is not able to provide the requested information. In line with your rights under section 1(1)(a) of the Act to be informed whether information is held, we confirm the ICB does not hold any of the information requested. However, we have determined that the information is held by the acute hospital NHS foundation trusts (FTs) within the North East and North Cumbria region noted above.

In accordance with our duty under s.16 of the FOIA to provide reasonable advice and assistance to an individual requesting information, we have provided the FOI contacts for those foundation trusts to make your request.

NENC Acute Hospital FTs	Email/Online portal
North Cumbria Integrated Care NHS FT	foirequest@cumbria.nhs.uk
Northumbria Healthcare NHS FT	foi@northumbria.nhs.uk
South Tees Hospitals NHS FT	stees.foi.admin@nhs.net
The Newcastle upon Tyne Hospitals NHS FT	https://www.newcastle-hospitals.nhs.uk/help/foi/

- b. Following the NHSE interim commissioning guidance for Tirzepatide [PRN01879-interim-commissioning-guidance-implementation-of-the-nice-technology-appraisal-ta1026-and-the-NICE-fu.pdf](#) within primary care which commenced in July 2025, 736 patients have commenced on tirzepatide and referred to behavioural support for obesity programme in line with guidance and NICE TA.
 - c. None of the medications are commissioned to be prescribed community pharmacies.
2. We can confirm, as per Section 1(1) of the Freedom of Information Act 2000, the ICB on this occasion is not able to provide the requested information. In line with your rights under section 1(1)(a) of the Act to be informed whether information is held, we confirm the ICB does not hold any of the information requested.

In accordance with the Information Commissioner's directive on the disclosure of information under the Freedom of Information Act 2000 your request will form part of our disclosure log. Therefore, a version of our response which will protect your anonymity will be posted on the NHS ICB website <https://northeastnorthcumbria.nhs.uk/>.

If you have any queries or wish to discuss the information supplied, please do not hesitate to contact me on the above telephone number or at the above address.

If you are unhappy with the service you have received in relation to your request and wish to request a review of our decision, you should write to the Information Governance Manager using the contact details at the top of this letter quoting the appropriate reference number.

If you are not content with the outcome your review, you do have the right of complaint to the Information Commissioner as established by section 50 of the Freedom of Information Act 2000. Generally, the Information Commissioner cannot make a decision unless you have exhausted the ICB's complaints procedure.

The Information Commissioner can be contacted at Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF or www.ico.org.uk.

Any information we provide following your request under the Freedom of Information Act will not confer an automatic right for you to re-use that information, for example to publish it. If you wish to re-use the information that we provide and you do not specify this in your initial application for information then you must make a further request for its re-use as per the Re-Use of Public Sector Information Regulations 2015 www.legislation.gov.uk. This will not affect your initial information request.

Yours faithfully

Information Governance Support Officer

**Information Governance Support Officer
North East and North Cumbria Integrated Care Board**